CHILD'S PHOTO

MEDICAL MANAGEMENT PLAN - ASTHMA

SUPERVISION**

Child's name	D.O.B
POSSIBLE SIGNS & SYMPTOMS: please indicate	
	TRIGGERS:
Wheezing	Exercise
☐ Tightness in chest	☐ Colds/viruses
☐ Coughing	Pollens/dust Other (please specify)
☐ Difficulty breathing/speaking	
Other (please specify)	
MANAGING AN ACUTE ATTACK	
Follow attached Asthma First Aid Plan:	AUTHORISATION FOR MANAGEMENT PLAN TO BE
Reliever medication:	FOLLOWED:
	I/we
Dose:	
Frequency:	Medication provided by me, the parent, will be
	in accordance with OSHC service policy and procedures and shall be kept at the OSHC service.
Device (e.g. spacer)	
	Parent signature: Date:
My child can self-administer his/her own medication? YES	
NO	Coordinator signature:
**ALL MEDICATIONS WILL BE	Date:
ALL MEDICATIONS WILL BE	

ASTHMA FIRST AID PLAN

- Sit the child down and remain calm to reassure the child. DO NOT leave the child alone.
- 2. Shake a blue reliever puffer and give 4 separate puffs through spacer.
- 3. Wait for 4 minutes. If there is no improvement, give another 4 separate puffs as per step 2.
- 4. Wait for 4 minutes. If there is no improvement, call an ambulance on 000 and state that 'a child is having an asthma attack'.
- 5. Continuously repeat steps 2 and 3 whilst waiting for the ambulance to arrive

If at any time the child's condition suddenly worsens, call an ambulance (ooo) immediately.

Notes:

Reliever puffers may include: Ventolin, Airomir, Asmol or Epaq

Spacer technique:

Give 1 puff, take 4 breaths from the spacer, repeat until 4 puffs have been given